



BILL METZ ELEMENTARY  
METZ MESSENGER

VOLUME 8, ISSUE 8

MARCH 4, 2019

*Our mission is to  
inspire the pursuit  
of excellence, one  
student at a time.*

**Principal's Connection**

As we draw near to spring break, I want to remind parents of a few things coming up. Bill Metz parent-teacher conferences will be on Thursday, March 14th from 7am-7pm. There will be no school for BME students that day due to conferences. Parents will get a copy of students' 3rd quarter report cards and other assessment information during conferences. Please also give us feedback through our spring parent survey that will be available during conferences and will also be posted on our school website.

Spring break starts the next day and runs through March 24th. We will see students back on Monday, March 25th. Believe it or not, we will be beginning to put rough drafts of class lists together in April for the next school year. We do this so we can try groups out and make adjustments as needed. If you believe your child has a special need that needs addressed when we are creating classes, please fill out an Educational Needs Form by Thursday, April 4th and turn it into the office. Needs fit into three categories: educational/academic, behavioral, and social. The form can be picked up in the office or downloaded from our school website and MV app.

I also want to remind parents and guardians to please be safe when dropping off students in the morning and picking students up in the afternoon. Please only let students get into or out of a vehicle when it is either in the right hand lane of the loop or parked in a spot along the street or in the parking lot. The school vestibule opens at 7:15am each morning so you can always come a little earlier than 7:45am if you want to beat the rush. Thanks for keeping our kids safe!

**2018-19 Yearbooks**

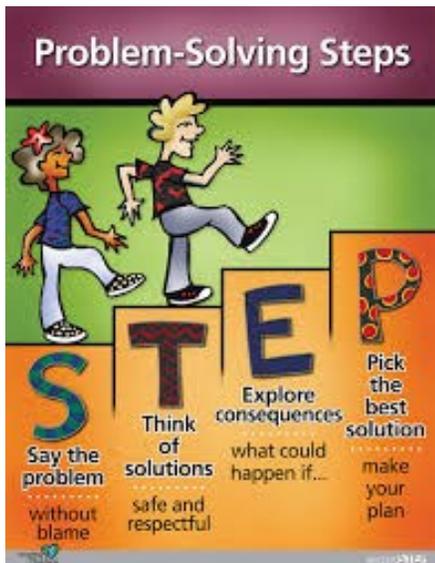
Yearbooks are on sale in the school office. They are \$15 if you preorder before April 1st and \$17.50 after that. Yearbooks will be delivered to students the last week of school. Please make checks payable to Bill Metz Elementary or have exact change when purchasing.

**IMPORTANT  
UPCOMING  
DATES:**

- *Tuesday 3/5 -  
Spring School Pic-  
tures*
- *Thursday 3/14 -  
BME PTC - No  
school*
- *3/15-3/24 -  
Spring break*
- *Thursday 3/28 -  
5th grade girls night*
- *4/1-4/3 - 2nd  
grade swim program*
- *Thursday 4/4 - 3rd  
quarter awards as-  
sembly: 1st/2nd @  
1:30pm; 3rd-5th  
@ 2pm*
- *Thursday 4/4 - 5th  
grade boys night*

**School Information**

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Monte Vista, CO 81144  
Phone: 719-852-4041  
Fax: 719-852-6196  
Principal: Gabe Futrell  
gabef@monte.k12.co.us



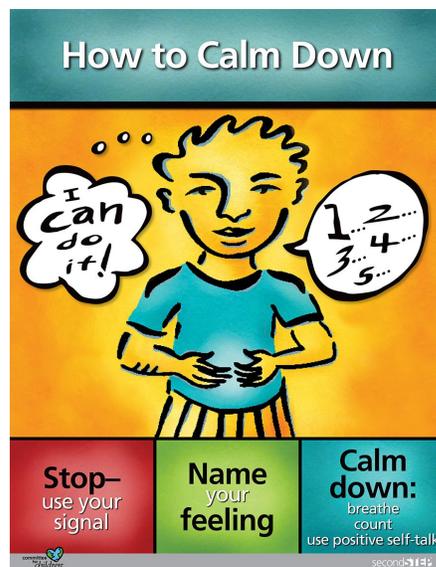
### Counselor's Corner

For the last several weeks during classroom counseling we have been working on our calming down unit, which has three parts. First, we **stop** before we react in a way that will be unkind or hurtful to someone else. Second, we **name our feeling** to slow down and think while we are recognizing the clues inside our own bodies for how we are feeling. Then, we do something to **calm down**; we have practiced belly breathing, counting, and positive self-talk in each grade level as well as other ideas to build on these ideas as the kids get older.

Now, each grade level either has already started learning about problem solving or will within the next few weeks. We use the word STEP to help us remember how to solve problems when they come up. The "S" means **say the**

**problem** without blame; this means we avoid saying things like "You never" "You always" "It's your fault" "...because of you" when talking to others because those things are blaming other people and do not show respect. The "T" means **think of solutions** that are safe and respectful to everyone involved in the problem whether that is two people or twenty. The "E" is **explore the consequences** of each solution and think what could happen if we choose that solution. Finally, the "P" stands for **pick the best solution** that is going to work and be respectful to everyone.

I hope this helps you understand what we are all working on in classroom counseling. The whole idea is to make our students independent so they are able to solve conflicts as they come up in their daily life, so you can help them by using the same conflict resolution process! If you have any questions, please give me a call at (719)852-4041 x 4138 or [ki-mal@monte.k12.co.us](mailto:ki-mal@monte.k12.co.us)



### Crane Festival



The spring Crane Festival is March 8-10 at the Ski Hi building in Monte Vista. A free children's movie "Turtle, the Incredible Journey" will be shown at the Valley 3 Theater Friday at 7:30 pm after prizes for the coloring contest are announced. Visit the craft fair to shop for goodies, and visit the Monte Vista National Wildlife Refuge to see thousands of Sandhill cranes and other birds. For more information, visit [mvcranefest.org](http://mvcranefest.org)